



Step 2 - Points/Wings

1. Off a pass, shoot jumpers from the left elbow.

GOAL: Make six consecutively

Day one: _____ Date: _____

Day two: _____ Date: _____

Day three: _____ Date: _____

2. Off a pass, shoot 3 point shots from the top of the circle.

GOAL: Make four consecutively

Day one: _____ Date: _____

Day two: _____ Date: _____

Day three: _____ Date: _____

3. Start at the left wing. Take two hard dribbles with your left hand for a 15 foot shot from the baseline.

GOAL: Make four consecutively

Day one: _____ Date: _____

Day two: _____ Date: _____

Day three: _____ Date: _____

4. Start at the top of the circle (2 steps back) . Take two hard dribbles with the right hand to the right elbow for the shot.

GOAL: Make five consecutively

Day one: _____ Date: _____

Day two: _____ Date: _____

Day three: _____ Date: _____