



# Step 4 - Points/Wings

1. Off the pass, shoot from 15 feet on the left baseline.

**GOAL: Make six**

Day one: \_\_\_\_\_ Date: \_\_\_\_\_

Day two: \_\_\_\_\_ Date: \_\_\_\_\_

Day three: \_\_\_\_\_ Date: \_\_\_\_\_

2. Off the pass shoot 3 point shots from the left wing.

**GOAL: Make six consecutively**

Day one: \_\_\_\_\_ Date: \_\_\_\_\_

Day two: \_\_\_\_\_ Date: \_\_\_\_\_

Day three: \_\_\_\_\_ Date: \_\_\_\_\_

3. Start on the right wing. Dribble with the left hand to the right elbow for the shot.

**GOAL: Make seven consecutively**

Day one: \_\_\_\_\_ Date: \_\_\_\_\_

Day two: \_\_\_\_\_ Date: \_\_\_\_\_

Day three: \_\_\_\_\_ Date: \_\_\_\_\_

4. Start near center court make two or three hard dribbles, then cross-over for one or two more dribbles. Take the shot in the circle behind the free throw line. The cross-over may be in front, through the legs, or behind the back.

**GOAL: Make seven consecutively**

Day one: \_\_\_\_\_ Date: \_\_\_\_\_

Day two: \_\_\_\_\_ Date: \_\_\_\_\_

Day three: \_\_\_\_\_ Date: \_\_\_\_\_